

HOLY SPIRIT CATHOLIC CHURCH

14th Sunday in Ordinary Time ~ July 4-5, 2026



Parish Office: 1244 St. Francis Rd., Santa Rosa, Ca 95409

Phone: (707) 539-4495, Office faces Raters Dr.

Email: office@holyspiritSR.org | Website: www.holyspirit-sr.org

OFFICE HOURS: Mon., Tues., Wed., Thurs. 9:30 a.m. to 2:30 p.m.

THE CHURCH OFFICE WILL BE CLOSED ON MONDAY, JULY 6th
IN OBSERVANCE OF INDEPENDENCE DAY.

Pastor

Father Ron Serban

Deacons

John Storm 707.479.5424

email: jstorm@srdiocese.org

Bob Holgren

email: DcnBob@holyspiritSR.org

Liturgical Music Director

Francis Oliveira, francis@holyspiritSR.org

Director of Religious Education

Matt Conley, matt@holyspiritSR.org

707.539.4495 ext.108

Office Administrator

Ruth Canniff, office@holyspiritsr.org

Men's Club

Bob Benjamin, 707.292.1115

Women's Club

Kathleen Freitag, 415.860.2581

Prayer Chain

Diane Bowman. Call the office.

Parish Finance Council Chair

Brian Connolly,

brian@brianconnolly.net

Parish Advisory Council Chair

Loyde Johnson, loydej@sbcglobal.net

707.921.9292

MASS & SERVICE SCHEDULE

Weekday Mass: Mondays through Fridays 9 am

Saturday Mass of Anticipation: 5 pm

Sunday Masses: 8 am, 10:30 am

1st Saturday of the Month: 9 am

Video Mass: The Saturday Mass is recorded each week and uploaded to our Youtube channel, ***Holy Spirit—Santa Rosa.***

SACRAMENTS: Please call the office 707.539.4495

Reconciliation: Call the office for times.

Marriage: Call 6 months in advance.

Baptism: Call 3 months in advance.

PARISH REGISTRATION: In person, online, or by email

ONLINE DONATING Go to www.holyspirit-sr.org

HOME COMMUNION Please contact the office.

CHOIR PRACTICE Thursdays at 7 pm in Church.

VOLUNTEERING Please contact the office.

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.....from the Pastor's Desk

"Come to me, all you who labor and are burdened,
and I will give you rest.

Take my yoke upon you and learn from me,
for I am meek and humble of heart;
and you will find rest for yourselves.

For my yoke is easy, and my burden light."

Today's Gospel should give us comfort when we feel down and out. If we feel that we have worked our fingers to the bone and have not seen any success, the Gospel is for us. Can any of you relate?

22 years ago I went to concelebrate a priest's mother's funeral. I was one of 10 priests in attendance. Minutes before we were to start it was realized that no one chose Pall-Bearers. So 6 of us priests were quickly recruited. We had to carry the heavy, ornate, metal casket a long way including up 14 stairs and we were in our Albs [the long white garment priests wear under their vestments] and they had us wear cotton white gloves – which all contributed to making the casket even more difficult to carry as the gloves made the metal handle rails slippery. Not to mention that most priests don't spend much time in the gym bulking up – so, as it turned out most of the weight shifted to my end. Had we had time to prepare – we would have been better 'yoked' [pun intended] together to carry it as less of a burden.



Jesus tells us to come to him when we feel burdened and weighed down. He will refresh us. He uses the metaphor of a "yoke." No doubt during the years he spent in the carpentry shop he made many yokes, carefully measuring the shape and contours of the animals who would wear it. A yoke was put on an oxen so that it could do work. The better the fit – the better for all. But, to us, it does not always seem light or easy. However, the metaphor also calls us to see that we are "yoked" with Christ. He shares our burden. We are not alone. He is always right beside us if we but turn and look.

Jesus says that his yoke is easy and his burden light. Interesting choice of words. "Easy" is the English translation of the Greek word "*chrestos*." This should sound very familiar to us. It sounds exactly like the title of Jesus: "*Christ*." Christos!

There are many meanings for "*chrestos*." One meaning is in the context of a carpentry shop. It applies to yokes, and means "well-fitting." Again, the metaphor takes us back to the carpentry shop at Nazareth where Joseph and Jesus carved yokes for oxen.

A yoke may not be easy, but it fits us well; it was designed for us personally by Jesus! It does not chafe or burn. And when we think that it is too heavy, remember that we are yoked with Christ; he carries the greater burden. Christos – Chrestos!

Father Ron

PS: We didn't drop the casket – going in or coming out!

MASS INTENTIONS: July 4—July 12, 2026

07/04	Sat	9:00 am	<i>For the People</i>
07/04	Sat	5:00 pm	† Richard & Mary Cecilia Dahl
07/05	Sun	8:00 am	<i>For the People</i>
07/05	Sun	10:30 am	<i>For the People of Venezuela</i>
07/06	Mon	9:00 am	† Nicolle Ugarriza
07/07	Tue	9:00 am	<i>In Celebration of Fr. Ron's 12th year here.</i>
07/08	Wed	9:00 am	† Suzanne Borgert
07/09	Thurs	9:00 am	† Kenneth Ly
07/10	Fri	9:00 am	Lynn Connolly
07/11	Sat	5:00 pm	† Benedict Family
07/12	Sun	8:00 am	<i>For the People</i>
07/12	Sun	10:30 am	Wedding Memorial of J&J Macy

EUCHARISTIC MINISTERS: July 11-12, 2026

Mass	Lectors	Eucharistic Min.
Sat. 5:00 pm	#1— Laurie B. #2— Kaity K.	Judith M. Ann R. Steve R.
Sun. 8:00 am	#1— Bob A. #2— Henri K.	Pauline B. Robin K. Martie S.
Sun. 10:30am	#1— Don F. #2— Therese M.	Loyde J. Sherry J. Mike W.

HOMEBOUND EUCHARISTIC MIN.—JULY 8th

Route 1 — Deanna B.
Route 2 — Jacky M.
Route 3 — Pauline B.

Last Week's General Collection \$ 6,993
Online General Collection \$ 1,938

Thank You!

*This week's second collection is for our Building & Maintenance Fund
Please write separate checks .*

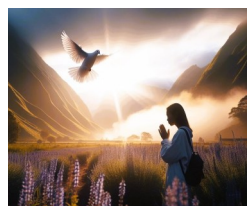


PLEASE PRAY FOR OUR SICK & THOSE WHO NEED OUR PRAYERS

Leroy Perry, Margie Edson, Sister Maureen Carroll, Greg Macy, Lynn Connolly, Derek O'Leary, Anthony and Beth Donato, George Fiori, H. Vincent McNally, Sister Noreen Duffy CSJ, Betsy Crook, Danny Ruckman, Cindi Doell, Deb Stucke, Joanne Landen, Jordyn P. , Richard LaRussa, Tristan Humble, Larry Kubo, Yolanda Farias, Marie Mahoney, Gary Mahoney, Diana Rives, Charles Marchese, Mollie Nichols, Roland Thibault, John Guth, Eliana Pavlicka, Ellie Steffens, John May, Janice Wright, Joe Turdo, Russ Dieter, Ralph Sobieski, Francis Dolan, Scott Humble, Jessica Berlo, Mickey Smith, Rose-Ann Saporita, Juan Scott, Charlene Abayon, Gerri Peterson, Nancy Cusack, and the Holy Spirit Phone Tree.

FOR THE SOULS

Paul Higdon, Mark Higdon, John Paul "JP" Lisciandro, Jr, Joey Mesa, Manuel Martinez, Eleanor Travaglini, Josephine Poni, Lynette Mulert, Jenny Lemp, Mike Murray, Diana Magri, LuAnn Capps, Suzanne Borgert, Mary Davis, Teresa Resende, Shari Brown, Don Linch, Jerry Williams, Jim Coddling, Emilio Ricci, Rhio Reigh, Bob Spaulding, Bob Crozier, John Scott, Patricia Crook, Millie Jaskola, Mike Cusack, Erma DeSimone, Julie Caruso, Karen Panoski, Benjamin and Jessica Stone, Horst Tilsch, Louis Capuano, Richard Vitali, Mike Largent, Eileen Poggi, Roger Provey Jr., Dale Hands, Barbara Bardella, Diane Drew, Charlene McDaniel, Peg Devine, Cecelia Hurst, Josephine Battaglia, Catherine Kubo.



Please call the office if you wish to add, remove or keep someone on the prayer list. Each name will remain for 3 months from the time we receive a request unless we hear otherwise.

SUMMER SOUL CARE

Summer brings a welcome change of pace. While routines may take a break, our faith doesn't have to. Here are seven simple ways to stay rooted in God's presence and make this summer spiritually fruitful:

1. Begin every journey with prayer. Before heading out, take a moment to entrust your plans to God. Pray the Guardian Angel prayer and ask for protection, wisdom, and peace throughout your travels and activities.

2. Wear reminders of your faith. A crucifix, Miraculous Medal, scapular, or Rosary bracelet can do more than complete an outfit. These sacramentals serve as quiet reminders of who you belong to and what you value.

3. Adopt a saint for summer. Choose a saint to be your spiritual companion for the season. You may discover that the saint you choose has something to teach you exactly when you need it.

4. Let creation lead you to the Creator. A brilliant sunset, a mountain view, or even flowers blooming in a neighbor's garden can become moments of prayer. When beauty captures your attention, let it lift your heart and mind to God, the source of all beauty and goodness.

5. Look for opportunities to serve. Summer may offer additional flexibility. Use it to love your neighbor in practical ways. Help with yardwork, spend time with someone who appears lonely, offer encouragement to a colleague.

6. Keep your soul in training. Athletes know that strength comes through discipline. Spiritual strength is no different. Choose a sacrifice or habit that challenges you. Limit social media, wake up earlier for prayer, or attend an extra Mass during the week. Even small acts build up the heart for greater things.

7. Remember the 1-1-1 Rule. A simple rhythm can keep you faithful throughout the summer: Pray (at least) once a day. Attend Mass once a week. Go to Confession once a month. These three practices provide a steady anchor, even amidst the looser structure of summer.



An Update on the Clinic for the Village of Ulu, Kenya

After a rigorous process of bidding to select the contractor, architect, and engineer for the Ulu Health Center, work has begun. On the Feast of St. Peter and St. Paul, the Rt. Rev. Simon Peter Kamomoe, blessed the foundation of the Ulu Health Center.



Justice & Service **In Community**

Third Mondays Monthly

JULY 20 at 7-8pm

Cornerstone Room in the Parish House

SUMMER BREAK

Some of our groups take a break over the summer. This includes the Women's Club, the Men's Club, and Grief Support. Please email the Men's Club if you would like to be added to next season's event emails.

Men's Club email = HSMCSR@AOL.COM

LOST AND FOUND— A VICTORIAN FASTENER, A PAIR OF SILVER STUD EARRINGS AND A SINGLE DANGLY EARRING WERE FOUND. CALL THE OFFICE.